

# JANUARY MENU 2011

| 1-Jan<br>SUN  | 2-Jan<br>MON   | 3-Jan<br>TUES  | 4-Jan<br>WED  | 5-Jan<br>THURS  | 6-Jan<br>FRI  | 7-Jan<br>SAT  |
|---|--|--|---|---|---|---|
| <b>BREAKFAST</b>  | <b>BREAKFAST</b>   | <b>BREAKFAST</b>   | <b>BREAKFAST</b>  | <b>BREAKFAST</b>  | <b>BREAKFAST</b>  | <b>BREAKFAST</b>  |
| BISCUITS GRITS<br>SAUSAGE GRAVY<br>SPECIAL K<br>APPLESAUCE<br>GRAPE JUICE           | FR.TOAST/SAUSAGE<br>SYRUP<br>RAISIN BRAN<br>FRUIT COCKTAIL<br>APPLE JUICE  | EGG OMELETTE<br>TOAST/KETHUP<br>GOLDEN GRAHMS<br>PEACHES<br>ORANGE JUICE                       | EGG MCMUFFINS<br>AM CHEESE/BACON<br>CINN. TOASTCRUNCH<br>PINEAPPLE<br>GRAPE JUICE                     | PANCAKES W/BUTTER<br>HASH BROWN/SYRUP<br>RICE CRISPIES<br>PEARS<br>APPLE JUICE                    | BAGELS & MUFFINS<br>BUT/CRMCH/JELLY<br>HONEY NUT CHERIOS<br>ORANGES<br>ORANGE JUICE | SCRAMBLED EGGS<br>W/CHEESE &TOAST<br>COCOA PUFFS<br>APPLESAUCE<br>GRAPE JUICE                   |
| <b>LUNCH</b>  | <b>LUNCH</b>   | <b>LUNCH</b>   | <b>LUNCH</b>  | <b>LUNCH</b>  | <b>LUNCH</b>  | <b>LUNCH</b>  |
| BBQ CHICKEN<br>ROASTED POTATO<br>VEGGIES<br>SALAD BAR/PB&J<br><br>POTATO CHIPS      | PHILLY CHEESESTEAK<br>TATER TOTS/VEG<br>KETCH/MAYO<br>SALAD BAR/PB&J<br><br>RICE CRISPIE TREAT                       | CHICKEN PATTY SAN<br>CHEESE<br>LET /TOM/ MAYO<br>FRIES<br>SALAD BAR/PB&J<br><br>OREOS          | TACOS<br>YELLOW RICE<br>SALSA/SOUR CREAM<br>SALAD BAR/PB&J<br><br>HONET OAT BARS                      | CHK PARM SUBS<br>FRIES<br>VEGGIES<br>SALAD BAR/PB&J<br><br>POPCORN                                | GRILLED CHEESE<br>VEGGIES<br><br>SALAD BAR/PB&J<br><br>LOORNA DOONES                | BURGERS<br>KETCH/MUST<br>VEGGIES/SWEET FRIES<br>SALAD BAR/PB&J<br><br>POP TARTS                 |
| <b>DINNER</b>   | <b>DINNER</b>  | <b>DINNER</b>  | <b>DINNER</b>   | <b>DINNER</b>   | <b>DINNER</b>   | <b>DINNER</b>   |
| SPICY CHILI<br>RICE N BEANS<br>VEGGIES<br><br>SALAD BAR<br><br>COOKIES<br>RITZ BITZ | CHOCOLATE BBQ<br>PORK<br>CREAM OF CORN<br>PEAS AND CARROTS<br>SALAD BAR<br><br>SWEET POTATO PIE<br>CHOC CHIP GRANOLA | TORTELLINI ALFREDO<br>ITALIAN BREAD<br>BUTTER<br>VEGGIES<br>SALAD BAR<br><br>CAKE<br>SUN CHIPS | STEAK FAJITAS<br>BLACK BEANS<br>ONIONS/PEPPERS<br>SC/SALSA<br>SALAD BAR<br><br>BROWNIES<br>SNACKWELLS | VICTORS ELBOW MAC<br>CHILI/SAUCE/AMER CH<br>VEGGIES<br><br>SALAD BAR<br><br>SPECIAL<br>NUTRIGRAIN | PIZZA W/ PARM CH<br>SIDE SALAD<br><br>SALAD BAR<br><br>ASSORTED DESSERT<br>RAISINS  | CAJUN CHICKEN<br>RICE PILAF<br>VEGGIES<br><br>SALAD BAR<br><br>CHOCOLATE PUDDING<br>FIG NEWTONS |

# JANUARY MENU 2011

| 8-Jan<br>SUN   | 9-Jan<br>MON  | 10-Jan<br>TUES  | 11-Jan<br>WED   | 12-Jan<br>THURS  | 13-Jan<br>FRI   | 14-Jan<br>SAT   |
|--|---|---|---|--|---|---|
| <b>BREAKFAST</b>   | <b>BREAKFAST</b>  | <b>BREAKFAST</b>  | <b>BREAKFAST</b>  | <b>BREAKFAST</b>   | <b>BREAKFAST</b>  | <b>BREAKFAST</b>  |
| BREAKFAST SPECIAL<br>HOMEFRIES/KETCHUP<br>CORN FLAKES<br>FRUIT COCKTAIL<br>APPLE JUICE                   | BLUEBERRY PANCAKE<br>SYRUP/HASH BROWN<br>SPECIAL K<br>PEACHES<br>ORANGE JUICE           | WAFLES/SAUSAGE<br>SYRUP/BUTTER<br>RAISIN BRAN<br>PINEAPPLE<br>GRAPE JUICE                 | CHOC PANCAKES<br>SYRUP/SAUSAGE<br>GOLDEN GRAHMS<br>PEARS<br>APPLE JUICE                               | FR.TOAST/SAUSAGE<br>SYRUP<br>CINN. TOASTCRUNCH<br>ORANGES<br>ORANGE JUICE                      | EGG OMELETTE<br>TOAST/KETHUP<br>RICE CRISPIES<br>APPLESAUCE<br>GRAPE JUICE    | EGG MCMUFFINS<br>AM CHEESE/BACON<br>HONEY NUT CHERIOS<br>FRUIT COCKTAIL<br>APPLE JUICE            |
| <b>LUNCH</b>   | <b>LUNCH</b>  | <b>LUNCH</b>  | <b>LUNCH</b>  | <b>LUNCH</b>   | <b>LUNCH</b>  | <b>LUNCH</b>  |
| PENNE ARRIBIATTA<br>SPICY TOMATO SAU<br>GRILLED CHICKEN<br>BREAD/BUTTER/VEG<br>SALAD BAR/PB&J<br>POPCORN | BBQ PULLED PORK<br>COLESLAW<br>VEGGIES<br>SALAD BAR/PB&J<br>RICE CRISPIE TREATS         | QUESADILLAS<br>RICS N BEANS<br>SC/SALSA<br>SALAD BAR/PB&J<br>NUTRIGRAIN                   | CHICKEN FINGERS<br>FRIES/KETCH/HON MUS<br>VEGGIES<br>SALAD BAR/PB&J<br>SNACKWELLS                     | BAKED ZITI<br>VEG<br>BREAD & BUTTER<br>SALAD BAR/PB&J<br>PRETZELS                              | HOT DOGS<br>FRIES/KETCH/MUST<br>VEGGIES<br>SALAD BAR/PB&J<br>OREOS            | CHICKEN NUGGETS<br>HONEY MUSTARD<br>VEG/FRIES<br>SALAD BAR/PB&J<br>POTATO CHIPS                   |
| <b>DINNER</b>  | <b>DINNER</b>   | <b>DINNER</b>   | <b>DINNER</b>   | <b>DINNER</b>  | <b>DINNER</b>   | <b>DINNER</b>   |
| SWEDISH MEATBALLS<br>EGG NOODLES<br>VEGGIES<br><br>SALAD BAR<br><br>BUTTERCOTCH PUDD<br>RAISINS          | BEEF STEW<br>WHITE RICE<br>BREAD and BUTTER<br><br>SALAD BAR<br><br>COOKIES<br>CHEX MIX | CHICKEN POT PIE<br>WHITE RICE<br>PUFF PASTRY<br><br>SALAD BAR<br><br>CAKE<br>POTATO CHIPS | JAMBALAYA<br>RICE AND VEGGIES<br>W/ CHICKEN & SAUSAGE<br><br>SALAD BAR<br><br>PECAN PIE<br>NUTRIGRAIN | CHICKEN ENCHILADAS<br>SALSA/SOUR CREAM<br>VEGGIES<br><br>SALAD BAR<br><br>SPECIAL<br>POP TARTS | PIZZA W/ PARM CH<br>SIDE SALAD<br><br>SALAD BAR<br><br>ASSORTED<br>SNACKWELLS | FISH N' CHIPS<br>FRIES/TARTAR<br>CRUNCHY TILAPIA<br><br>SALAD BAR<br><br>PUMPKIN PIE<br>SUN CHIPS |